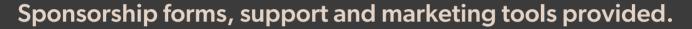


# Sponsored STYLE-A-THON

In aid of Nightingale House Hospice

Choose a fundraising activity or event to suit you or your business and to celebrate 30 years of specialist care!



- 30 blow-dry's in 30 days
- 30 minute manicures
- 30 shaves in 30 days
- 30 minute facials or massages
- 30 minute make-overs

This is part of our Longest Day Lasting Care campaign, to find out more, visit our website: **nightingalehouse.co.uk** 



For more details contact:
01978 314292
fundraising@nightingalehouse.co.uk





## Why fundraise for Nightingale House Hospice?

Nightingale House Hospice provides free, specialist care and support to people in our community living with progressive, life-limiting illnesses such as MND, Parkinson's, MS, heart failure, and cancer. Our care helps patients live life to the fullest despite their diagnosis.

#### How we make a difference

Our modern facilities include:

12 en-suite inpatient rooms, including for respite patients.

#### A modern outpatient services facility offering:

- Wellbeing Programme
- Rehabilitation support
- Symptom management and stabilisation
- Complementary therapies
- Fatigue, anxiety, and breathlessness management
- Music therapy
- Bathing services
- Adult and child bereavement support\*



\*We are one of the few providers of bereavement support for children, even if their loved one wasn't cared for at Nightingale House Hospice.

# Why we need your support

It costs £5.6 million a year to run Nightingale House Hospice, yet we receive only £1 million in government funding. This means we must raise at least £4.6 million every year to continue our vital services.

### **Every penny you raise counts**

Whether you take on a challenge, host an event, or simply donate, your support ensures we can continue providing compassionate care to those who need it most.