



Nightingale House Hospice  
Hospis Tŷ'r Eos

# Sponsored STYLE-a-THON

In aid of Nightingale House Hospice

Choose a fundraising activity or event to suit you or your business and to celebrate 30 years of specialist care!

**Sponsorship forms, support and marketing tools provided.**

- 30 blow-dry's in 30 days
- 30 minute manicures
- 30 shaves in 30 days
- 30 minute facials or massages
- 30 minute make-overs

This is part of our Longest Day Lasting Care campaign, to find out more, visit our website:  
**[nightingalehouse.co.uk](http://nightingalehouse.co.uk)**



**For more details contact:**

01978 314292

[fundraising@nightingalehouse.co.uk](mailto:fundraising@nightingalehouse.co.uk)



## Why fundraise for Nightingale House Hospice?

Nightingale House Hospice provides free, specialist care and support to people in our community living with progressive, life-limiting illnesses such as MND, Parkinson's, MS, heart failure, and cancer. Our care helps patients live life to the fullest despite their diagnosis.

## How we make a difference

Our modern facilities include:

**12 en-suite inpatient rooms, including for respite patients.**

**A modern outpatient services facility offering:**

- Wellbeing Programme
- Rehabilitation support
- Symptom management and stabilisation
- Complementary therapies
- Fatigue, anxiety, and breathlessness management
- Music therapy
- Bathing services
- Adult and child bereavement support\*



\*We are one of the few providers of bereavement support for children, even if their loved one wasn't cared for at Nightingale House Hospice.

## Why we need your support

It costs £5.6 million a year to run Nightingale House Hospice, yet we receive only £1 million in government funding. This means we must raise at least £4.6 million every year to continue our vital services.

## Every penny you raise counts

Whether you take on a challenge, host an event, or simply donate, your support ensures we can continue providing compassionate care to those who need it most.