





Meals
by Caffi Cwtch

Did you know?

We also offer a range of delicious frozen meals that are cooked with care by our award-winning Caffi Cwtch chefs.

Freshly made afternoon teas and sandwiches are also available!

~ High quality meals delivered to your door ~

Please ask a member of the Caffi Cwtch team or visit **[nightingalehouse.co.uk](https://www.nightingalehouse.co.uk)** to find out more!



GF Gluten Free

Ve Vegan

V Vegetarian

Meals Available to take away from our Meals by Caffi Cwtch service

Breakfast (served all day)

Caffi Cwtch Full Welsh Breakfast

£7.50

Award-winning Welsh pork and leek sausages, grilled bacon, local free-range egg, potato and laverbread cake, grilled tomato, black pudding and bloomer toast

Vegetarian Breakfast V

£6.95

Local free-range poached egg, mushrooms, potato and laverbread cake, vegetarian sausages, grilled tomato and bloomer toast

Toasted Breakfast Sandwiches

(White or Malted Brown Bread, Gluten-free or Toasted Ciabatta)

Award-winning Welsh pork and leek sausages

£4.75

Vegetarian sausages V

£4.50

Grilled dry cure bacon

£4.95

Two local free-range eggs (fried or poached) V

£4.50

Bloomer toast white or malted,
butter & preserve or marmalade V

£2.60

Afternoon Tea (served all day)

Tiny Tea V (GF option available)

£5.50

A selection of tea or coffee served with homemade scone, jam and cream

The Caffi Cwtch Afternoon Tea (GF option available)

£12.00

A selection of tea or coffee served with finger sandwiches, homemade scones, jam and cream and to finish, sumptuous cakes

Toasted teacake with butter and jam V

£3.25

Homemade scone, jam and cream V (GF option available)

£3.75

A selection of cakes from

£2.75

Add a jug of cream

£0.50

Allergies and Intolerances: Should you have any allergies or intolerances or would like to know the exact ingredients in any of our dishes, then please ask any member of staff/volunteers who will be happy to talk through with you what each dish contains. However, as our dishes are prepared in an open kitchen environment, despite our best efforts we cannot guarantee that our foods will be 100% allergen free.

Sandwiches

All our sandwiches come on a choice of malted or white bread, gluten-free bread or in a toasted ciabatta and served with seasonal baby leaves, slaw and crisps

Snowdonia mature Cheddar cheese with apple and pear chutney 	£4.75
Coronation chicken	£5.75
Free-range egg and cress 	£4.75
Marinated prawns with a citrus and tomato mayonnaise	£6.50
Home cooked ham with a mustard dressing	£5.95
Line-caught tuna with cucumber and mayonnaise	£5.70
A triple decker of grilled bacon, lettuce and tomato served on toasted bread	£6.25
Homemade haddock fish finger buttly with tartare sauce and lemon	£6.75
Flat bread with salad leaves, tomato, cucumber and marinated pepper, topped with either: a) Spiced pulled shoulder of lamb with yoghurt b) Dukka Hummus with basil oil 	£6.00

A Few Extras

Portion of chunky chips 	£2.50
Portion of onion rings 	£2.50
Side salad  	£1.95
Portion of daily vegetables  	£1.95
Halloumi fries with marie rose sauce 	£3.50

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Lunch (served between 11.30am – 3pm)

Homemade soup of the day with carrot and herb or gluten-free rolls GF Ve	£4.50
A traditional baby gem Caesar salad, croutons, parmesan shavings, anchovies and a classic Caesar dressing	£6.50
To make the ultimate Caesar salad add marinated halloumi or grilled chicken	£7.75
Buck rarebit, Snowdonia Cheddar rarebit topped with a soft free-range poached egg served with salad and chutney V	£7.25
Gluten Free Thai prawn and cod fishcakes served with potato wedges, salad leaves and a sweet chilli dip GF	£8.25
Battered haddock with chunky chips, mushy peas and tartare sauce	£8.75
Home cooked ham, two fried eggs and chunky chips	£8.25
NEW Marinated salmon in ginger and soy, baked and served with braised rice and dill cream sauce	£8.75
Rich beef and ale casserole, root vegetables and mashed potato GF Meals	£8.50
NEW Gnocchi with mushrooms, spinach, garlic and soya milk	£6.95
Roasted vegetable and chickpea curry, mini naan Ve Meals	£7.75
NEW Southern fried chicken burger in a toasted bun with lettuce, tomato, mayonnaise served with side coleslaw and chips	£7.95

For Smaller Appetites

Penne pasta with tomato and basil Ve	£4.75
Battered haddock with chunky chips, mushy peas and tartare sauce	£6.00
NEW Home cooked ham, egg and chips	£5.75

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Traditional Baked Potatoes

Just on their own  or with butter 	£4.80
Baked beans 	£5.60
Grated Cheddar cheese 	£5.75
Tuna mayonnaise	£6.00
Prawn with a tomato mayonnaise	£7.00
Coronation chicken	£7.00
Butternut squash, red onion and cranberry tagine 	£6.50

Soft Drinks

Glass of milk	90p
Decantae sparkling water 330ml	£1.85
Decantae still water 330ml	£1.85
Coca Cola 500ml	£2.00
Coca Cola Diet/Zero 500ml	£2.00
Fentimans Rose 275ml	£2.60
Fentimans Lemonade 275ml	£2.60
Fentimans Ginger Beer 275ml	£2.60
Fentimans Elderflower 275ml	£2.60
Orange juice 200ml	£1.75
Apple juice 200ml	£1.75
Orange juice burst 500ml	£2.80
Apple juice burst 500ml	£2.80

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Hot Drinks

Our coffee is specially blended for us using
Rainforest Alliance coffee beans producing a lovely fresh cup

Cappuccino	regular £3.00
Espresso, foamed and full of flavour	large £3.40
Espresso	single £2.25
Short, dark and full bodied hit	double £2.75
Caffi Latte	£3.30
Espresso topped with steamed milk	
Latte Macchiato Cwtch	£3.40
Steaming milk with a shot of espresso poured in and a splash of syrup of your choice	
Americano	regular £3.00
A simple black coffee or a splash of milk	large £3.40
Mocha	regular £2.95
Espresso with chocolate, topped with steaming milk	large £3.25
Cafetière of decaffeinated coffee	£3.40
Add a shot of syrup to any coffee	80p
Caramel, vanilla or hazelnut	
Hot chocolate	£2.75
Deep, rich and indulgent	
A pot of our special all day blend of tea	£2.75
A pot of our speciality teas and fruit teas	£3.00
Earl Grey	
Lapsang Souchong	
Camomile	
Mint	
Green tea	
Fruit tea	
Decaffeinated	

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Open Monday to Saturday 10am to 4pm

nightingalehouse.co.uk

01978 447550

All profits raised through Caffi Cwtch go towards
patient care at Nightingale House Hospice.